

CENTER FOR SMELL AND TASTE

NYOG / Northwell Health

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How do I get evaluated for my smell and taste problem?

You will first need to make an appointment to see the doctor for an evaluation to see if you are a good candidate for PRP. The exam will include a questionnaire, a complete nasal and sinus evaluation, including nasal endoscopy and smell testing. This can be charged to your insurance as any ENT visit if you are covered. Next, a CT scan or MRI may be needed to complete the evaluation.

If you are a candidate for PRP, you will need to return for a visit for the treatment. This can be scheduled with Emily at 212-

The treatment involves taking blood for the PRP. The nose is then anesthetized with both a spray and then pledgets (small pieces of gauze) with anesthetic are placed (not injected) into the nose for further anesthesia. After preparation of the PRP, two injections are placed on each side of the nasal cavity in the area of the smell fibers. There is no downtime or restrictions after the procedure.

This is done twice—the second treatment occurs one month after the first. The procedure costs \$1500 each time and is paid at the time of the visit. It is not yet covered by insurance carriers.

You will need to return for a second injection at one month and fill out a second questionnaire. We request a third visit, without injection for evaluation of the response at three months. That visit can be charged to your insurance.

Data from these visits, without any identification, will be collected for possible publication.